



## **CCC Rules of the Ride**

(revised 5/08)

Most of the numbered directives, below, are based on a document posted by the [Plano Bicycle Association](#). Thanks to our pals in Plano!

**ALL RIDERS ON ALL CCC RIDES MUST WEAR HELMETS. ALWAYS.**

CCC rides comprise the following categories:

- \*. Cup o' Joe Rides
- \*. Group A Rides
- \*. Group B Rides
- \*. Group C Rides
- \*. Mixed Group Rides
- \*. Special Occasion Rides

Cup o' Joe Rides and Group B & C Rides are “no drop” rides. In addition to stopping under the circumstances recorded in Item 8, below, the group will wait and regroup when a rider falls off the back.

Cup o' Joe Rides and Group C Rides are seasonal and intermittent. Interested riders should check the calendar on the website for current information.

Mixed Group Rides and Special Occasion Rides are “no drop” rides, unless the group subdivides at the outset, as authorized in Item 1, below.

Group A Rides are *not* “no-drop” rides. The principles of stopping recorded in Item 7 will generally apply, although riders should recognize that not all parts of all routes—and not all levels of adrenalin—will lend themselves equally to stopping for clubmates who flat or have mechanical problems. These are fast and sometimes competitive rides,

**and riders should be prepared to find their own way home if they fall off the back.**

- 1. At the outset of any Mixed Ride or a Special Occasion Ride, the group may decide to break into smaller groups.**
- 2. Follow the commands of the ride leader.**
- 3. Pass word up to the ride leader if you have to stop or slow down or if you want to break from the group.**
- 4. Observe all road signs and traffic signals.**
- 5. Use hand and vocal signals to indicate turns, slowing and stopping, traffic, railroad tracks, and debris and irregularities on the road.**
- 6. Maintain safe position by**
  - \*. being predictable to motorists and fellow cyclists**
  - \*. being alert to what is going on around you (scanning)**
  - \*. aggressively taking the right-of-way when you have it**
  - \*. yielding the right-of-way when you don't have it (for example to cross-traffic and pedestrians)**
  - \*. staying to the right of the road**
  - \*. staying in a single lane on multi-lane roads**
  - \*. never riding more than two abreast unless the ride leader has initiated an echelon (see Item 9, below)**
  - \*. riding single-file on narrow roads**
  - \*. avoiding overlapping your front wheel and another rider's rear wheel**
  - \*. avoiding passing other cyclists on the right**
  - \*. following a clean line, especially while turning**
- 7. Riders must keep at least one hand on the bars while riding in a group. Riders wishing to sit erect and stretch should move to the left of the group before doing so.**
- 8. Always stop**
  - \*. at established "waiting points" along familiar routes**
  - \*. when the ride leader shouts "STOPPING"**
  - \*. when a rider has an accident**
  - \*. when a rider has a flat tire or a mechanical problem (the rider may choose to wave the group onwards)**
  - \*. when the group splits at a red light (in this case, the front group slows and waits for the rear group to catch up)**
- 9. When conditions are favorable, the leader may initiate formation into a pace line or echelon in order to distribute workload and increase speed.**

10. **When riding in a pace line or echelon, riders are expected to rotate to the lead and *not* to surge to the front and thereby to open gaps.**

***All cyclists riding with the Corinth Cycling Club do so at their own risk.***